

Circuit Court Directory.

TRIGG.—First Monday in February—term three weeks; third Monday in May—term two weeks; first Monday in September—term three weeks.

CHRISTIAN.—Fourth Monday in February—term six weeks; first Monday in June—term four weeks; first Monday in September—term six weeks.

CALLOWAY.—Second Monday in April—term three weeks; first Monday in August—term two weeks; second Monday in November—term three weeks.

LYON.—First Monday in May—term two weeks; first Monday in August—term two weeks; first Monday in December—term two weeks.

Dr. Kollock in Nashville.

Regular Graduate and Registered Physician. Formerly Assistant Surgeon U. S. Navy, afterwards Post Surgeon U. S. Army, and later Surgeon British Marine Service, with twenty years' experience as physician at Hot Springs, Ark. Endorsed by the "Encyclopaedia Britannica," Vol. X, page 185, the "largest and most important work in the world," being in twenty-five volumes, each the size of a large church Bible. He is noted as the discoverer of the active principle of gelsemium, a specific for neuralgia of the face and womb. Cures Catarrh, Syphilis, Lost Manhood and General Debility. The Doctor has been all over the world, and has made many cures given up by other physicians. Vendome Building.

Mr. G. A. Stillson, a merchant of Tampico, Ill., writes, August 10th, 1891: "Clinic Kidney Cure is meeting with wonderful success. It has cured some cases here that physicians pronounced incurable. I myself am able to testify to its merits. My face to-day is a living picture of health, and Clinic Kidney cure has made it such. I had suffered twenty-seven years with the disease, and to-day I feel ten years younger than I did one year ago. I can obtain some wonderful certificates of its medical qualities." For sale by C. K. Wyly.

The Duke of Sutherland owns 1,358,545 acres.

Do You Travel?

If so, never start on a journey without a bottle of Foley's Colic and Diarrhoea Cure, a sure preventive of the bowel complaints occasioned by change of water or climate. 25c. For sale by C. K. Wyly.

New York has twenty-seven female barbers.

Truths Tensely Told.

Foley's Sarsaparilla cleanse the blood, gives tone to the system, imparts life and vigor, and makes the weak strong. Trial size, 50c. For sale by C. K. Wyly.

Modern needles first came into use in 1645.

A Sound Liver Makes a Well Man.

Are you bilious, constipated or troubled with jaundice, sick headache, bad taste in mouth, foul breath, coated tongue, dyspepsia, indigestion, hot dry skin, pain in back and between the shoulders, chills and fever, etc. If you have any of these symptoms, your liver is out of order, and your blood is slowly being poisoned, because your blood does not act properly. Herbine will cure any disorder of the liver, stomach or bowels. It has no equal as a liver medicine. Price 75 cents. Free trial bottles at R. C. Hardwick's drug store.

At Canton 300,000 people live in boats.

Ballard's Horehound Syrup.

We guarantee this to be the best Cough Syrup manufactured in the whole wide world. This is saying a great deal, but it is true. For Consumption, Coughs, Colds, Sore throat, Sore Chest, Pneumonia, Bronchitis, Asthma, Croup, Whooping Cough, and all disease of the Throat and Lungs, we positively guarantee Ballard's Horehound Syrup to be without an equal on the whole face of the globe. In support of this statement we refer to every individual who has ever used it, and to every druggist who has ever sold it. Such evidence is indisputable. Free trial bottle at R. C. Hardwick's drug store.

Buttons are now made of potatoes.

Druggists say that their sales of Hood's Sarsaparilla exceed those of all others. There is no substitute for Hood's.

Wanted a Sprinter.

"So you want a job on the ice-wagon, do you?"

"Yes, sir," replied the boy.

"I'm a dandy lifter. I can pick up as much weight as two ordinary men."

"That's no good in this business. Get out and let's see you sprint while I hold the watch on you."

"You want a runner?"

"That's right. I want somebody that can get a burst of speed on him that'll get ten pounds of ice from the wagon to a customer's front door before it melts."—Washington Star.

Ballard's Snow Liniment.

Mrs. Hamilton, Cambridge, Ill., says: I had the rheumatism so bad I could not raise my hand to my head. Ballard's Snow Liniment has entirely cured me. I take pleasure in informing my neighbors and friends what it has done for me. Chas. Handley, clerk for Lay & Lyman, Kewanee, Ill., advises us Snow Liniment cured him of Rheumatism. Why not try it? It will surely do you good. It cures all Inflammation. Wounds, Sores, Cuts, Sprains, etc. Free trial bottle at R. C. Hardwick's drug store.

A Woman's Heart.

ONE DISEASE THAT Baffles the Physician.

The Story of a Woman who Suffered for Nine Years. How She Was Cured. (From the Newark, N. J., Evening News)

Valvular disease of the heart has always been considered incurable. The following interview therefore, will interest the medical profession, since it describes the successful use of a new treatment for this disease. The patient is Mrs. Geo. Archer, of Clifton, N. J., and this publication by the *New* is the first mention made of the case by any newspaper. All physicians consulted pronounced the patient suffering with valvular disease of the heart, and treated her without the slightest relief. Mrs. Archer said: "I could not walk across the floor; neither could I go up stairs without stopping to let the pain in my chest and left arm cease. I felt an awful constriction about my arm and chest as though I were tied with ropes. Then there was a terrible noise at my right ear, like the labored breathing of some great animal. I have often turned expecting to see some creature at my side."

"Last July," continued Mrs. Archer, "I was at Springfield, Mass. visiting, and my mother showed me an account in the *Springfield Examiner*, telling of the wonderful cures effected by the use of Dr. Williams' Pink Pills for Pale People. My mother urged me to try the pills and on November 25th last I bought a box and began taking them, and I have taken them ever since, except for a short interval. The first box did not seem to benefit me, but I persevered, encouraged by the requests of my relatives. After beginning on the second box, to my wonder, the noise at my right ear ceased entirely. I kept right on and the distress that I used to feel in my chest and arm gradually disappeared. The blood has returned to my face, lips and ears, which were entirely devoid of color, and I feel well and strong again."

"My son, too, had been troubled with gastritis and I induced him to try the Pink Pills, with great benefit. I feel that every body ought to know of my wonderful cure, and I bless God that I have found some thing that has given me this great relief."

Dr. Williams' Pink Pills are now given to the public as an unfailing blood builder and nerve restorer, curing all forms of weakness arising from a watery condition of the blood or shattered nerves, two fruitful causes of most every ill that flesh is heir to. These pills are also a specific for the troubles peculiar to females, such as suppurations, all forms of weakness, chronic constipation, bearing down pains, etc., and in the case of men will give speedy relief and effect a permanent cure in all cases arising from mental worry, overwork, or excesses of whatever nature. The pills are sold by all dealers, or will be sent post paid on receipt of price, (50 cents a box, or 3 boxes for \$2.50)—they are never sold in bulk, or by the 100; by addressing Dr. Williams' Medicine Company, Schenectady, N. Y.

MORTON LOVES TREES.

Probably Inherited His Infatuation from His Scotch Ancestors.

One of the most emphasized traits of the nature of Mr. Morton, secretary of agriculture, is his love for trees. Morton possesses for trees almost that sympathetic interest he has for a human being, and betrays all of that admiration for a forest which belongs with the Druids. Indeed, Morton might have made in his love for the oak a famous brother of that dim, far-off twilight priesthood of the woods, if he had only lived in Druid days. It was Secretary Morton who, in 1873, became the suggestor and author of Arbor day; setting a tree-planting example, which has been followed far and wide, as a standing army of a million trees bear witness. They might all have decayed, or been eaten by a wormy death as acorns, save for Morton and his Arbor



SECRETARY J. STERLING MORTON.

day. While the most obdurate and democratic of Americans, Secretary Morton had adopted a coat of arms. Avoiding all terms of heraldic sort, this coat of arms is the picture of a wide-spreading oak in full green leaf, and beneath it, for motto, is written:

"And do you know," said Secretary Morton, when speaking of this coat of arms the other day to a reporter of the Washington Star, "I was not a little struck while journeying in Scotland last summer, when I learned that the crest of the Scotch house of Morton was a tree. I began to wonder if, after all, my admiration for a tree was not inherited from some forest-loving ancestor who lived and died in Scotland centuries ago."

Gas as an Illuminant.

It was in Cornwall that gas was first used for lighting purposes. In 1792 Mr. Murdoch, a metal founder at Redruth, turned the inflammable air to account to save oil and candles. He distilled gas from various substances and lighted his own house, offices and street.

The Art of Chinese Burglars.

The Chinese burglar takes an ingredient of his own, burns it, and blows the smoke through the key-hole of the bedroom where the master of the house is asleep. The fumes dull the senses of the victim just enough to make him helpless, while at the same time permitting him to see and hear everything that goes on in the room. The only antidote against the charm is pure water, and most of the wealthy Chinese sleep with a basin of this near their heads.

Density of the Hair.

It is estimated that 293 hairs on the head, 39 on the chin, 23 on the forehead and 19 on the back of the hand are respectively contained in an area of a quarter of an inch.

TRAINING A WOMAN.

The Gentler Sex Capable of Great Muscular Development.

A Conversation with Attila—Sandow's Instructor Details His Plans for Reducing Weight, Suppling the Figure and Developing Health.

(COPYRIGHT, 1903.)

The modern Sandow is yet to be introduced, and she may come from the ranks of the cultured—none can tell. Prof. Attila, who was the trainer of the strong man, Sandow, finds his most promising field of labor among the gentle sex and from the ranks of the social, the musical and the artistic world women are seeking him. The probabilities are that the new woman will supplement her shrewdness and other mental qualifications with a physical development that will fit her to meet the world militant on its own ground.

"Four years ago," said this trainer of the modern Samson, "I inaugurated the strong man fad in London, and I became an individual more talked about than the prince of Wales himself. I am now starting the strong woman fad, and if the fair sex is not as well able to defend itself physically as a man then it will not be my fault."

"I can make of the human frame anything you wish," said he, enthusiastically. "Where a woman is too fleshy, a certain plan of exercise will reduce her, and where she requires developing, I can also develop her. I have ladies coming to me daily saying: 'I wish to be reduced about the hips,' or 'I wish to have abdominal reductions,' or 'my bust needs developing,' or 'my arms or legs are much too thin,' and I have a set of exercises especially adapted to their individual wants."

"No two persons ever require the same treatment, because people are no more constructed alike than they look alike, and therefore I never teach classes, but have individual attention."

"This young lady," and here the professor referred to his pupil, who expects to make her debut as a professional strong woman, "has been under my care for six weeks, and so rapidly has she developed muscle that she can lift a one-hundred-pound weight with as much ease as a man. I say 'as a man,' because we have been led to believe that the female constitution would not lend itself as readily to physical development as the male."

"You may be surprised to know it, but the female physical organization



SANDOW AT WORK.

will, on account of the construction of the hips, endure greater strain on the muscles all over the body."

"Then you think woman is not the weaker sex?"

"Certainly, the Creator never intended her to be the weaker," said the professor with a laugh. "Has she not the greater need of defending herself on account of her being a woman? It is all nonsense that she cannot fight; she should be taught to hit out from the shoulder, the same as a man does, for she can do it."

"Do I train women by the same system as men? Yes, as far as sex is concerned, but you know I said no two individuals ever require the same treatment."

"In one point it differs, however, and that is in the muscle showing itself in the feminine arm. I object very much to destroying the symmetry of the feminine arm or leg or neck or chest, and I, therefore, do not encourage the muscles to show; in fact, I do not allow them to assert themselves."

"And how, pray, do you accomplish this result?"

"That is where the art comes in," said Attila, with a mysterious air.

"My system? Ah! that is easily explained. It is all brought about by means of the five-pound dumb-bell practice. There is no muscle that requires any other tool for its development. Sandow was made what he is by my plan, of which I am the sole inventor."

"Then I have three watchwords. Eye! High! Swift! When a pupil lifts a weight the eyes should be on the weight and then the lift should be swift and also high, the eye following the weight."

Attila's system of culture is one that is within the scope of any woman to follow out in her own home. The body should be clad in a loose gymnasium suit, consisting of short skirt and blouse, and no corset, so as to allow absolutely free motion of the body. A two-pound dumb-bell is best to start with, and later a five-pound dumb-bell may be substituted.

"Do you recommend any special diet?" was asked of Attila.

"I insist upon every one's eating just what they want, the same as they always have done. I do not approve of wheat bread. It has no life in it, and I recommend in its place Bohemian bread, the blacker the better. I always eat it myself. After an hour of training my pupils are rubbed down with alcohol. I believe there are few diseases where one has a clear mind and a good muscular system. Pure air and exercise are the only physicians that ever attend me."

A Good Thing for Women.

The invention of the typewriter has given employment to 500,000 women.

HAWAII'S PRESIDENT.

A Good Portrait and a Brief Sketch of Sanford Ballard Dole.

Sanford Ballard Dole, says the Honolulu *Paradise of the Pacific*, was born in Honolulu of American parents in 1844. His father and mother were of the noble band of missionaries, and landed in Honolulu in 1840 from their home in Maine. Upon his arrival in Honolulu Mr. Dole the elder took charge of the Punahou college, which was then about to be started, and which is to-day an enduring monument to his intelligence and care, for it is the Alma Mater of many of the foremost men of Hawaii. Mr. Dole lived to see the good results of his early labor, passing away in 1878.

The subject of this sketch received his primary education at this institu-



SANFORD B. DOLE.

tion, and remained there and at Kauai, with a year meanwhile spent at Punahou, until he had more than attained his majority. His father was in moderate financial circumstances, and young Dole, having chosen the law as his profession, had employed himself in various capacities in order to acquire the necessary means to prosecute his studies. By industry and economy he succeeded in so doing, and at the age of 22 went to Williams college in Massachusetts and took the general course for a year, after which he entered the law office of William Brigham, of Boston. There he applied himself closely, and after a twelve-month was admitted to practice in the courts of Suffolk county, Mass. Soon after this he returned to his native islands, and was admitted to the bar of the Hawaiian islands. He began a general practice, and followed his profession until 1887, when he was appointed to the supreme bench.

During all this time Mr. Dole had been an interested observer of political events, and had endeavored to bring about a condition of affairs beneficial to the nation, and enhance the dignity of the legal profession in Hawaii. In 1884 he first became a member of the legislature. He was also a member of the legislature in 1889, and the duties of the position were faithfully performed, in addition to the large amount of work which the interests of his clients demanded. He took a very prominent part in the reform movement which culminated in the revolution of 1893.

The president has not confined himself exclusively to law and politics, for he has contributed considerably to literature. President Dole was married in 1873 to Miss Anna P. Cate, of Massachusetts, and lives quietly at his pretty residence on Emma street.

POPE LEO'S TOMB.

It Will Be Designed by Maroni, the Famous Italian Sculptor.

Pope Leo XIII. has ordered his tomb. He has given the commission to Maroni, the most famous sculptor in all Italy. This fact and the recent deliverance to the cardinals of a pontifical letter concerning the affairs of his entire reign are considered proof that the head of the church Catholic is impressed with the



POPE LEO XIII.

realization that his remaining days on the papal throne are few.

It is no new assertion that his health has been failing, and now fears are entertained that he may never rally, considering his age is eighty-five. This pontifical testament comments upon the fact that it was necessary at the beginning of his pontificate to make concessions to the great powers to prevent the papacy from being absorbed by the new order of things. He insists that the present proves the wisdom of the concessions, which were deemed inadvisable at the time they were made. The cardinals are asked to continue his policy, to hasten the election of his successor, without allowing time for outside intrigues, and to guard against the influence of jealous powers in the voting.

It is decreed the tomb shall be of pure white Carrara marble; on the lid a lion holding in its claws the tiara. On the right there shall be the figure of Faith, holding a torch in one hand and the sacred Scriptures in the other. Truth is to be on the left, with a mirror and the armorial bearings of the papacy. He directs this inscription on the side of the sepulcher:

HIO LEO XIII. P. M.
Pulvis Est.

These letters are to be large and black, cut into the marble.

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Trigg County, Kentucky.

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For Descriptive Pamphlet and full particulars. Summer season now open.

Chalybeate Springs,

GEO. L. DIAL Proprietor.

SEBREE, - KENTUCKY.

There is no longer any excuse for the people to remain in the cities through the warm summer months for the want of accommodations at the CHALYBEATE SPRINGS at SEBREE, KY. The proprietor, G. L. Dial, has recently built a house with a number of good well ventilated rooms within twenty yards of the Springs, sufficiently elevated, which makes it quite a desirable for quiet rest and health.

RATES - \$7.00 Per Week.

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